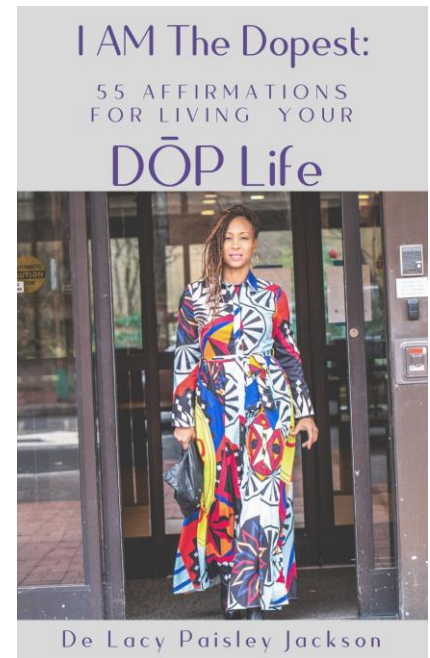


## ABOUT THE BOOK

### I Am The Dopest: 55 Affirmations for Living Your DOP Life

Live the life you've always dreamed. Let go of self-limiting beliefs and unnecessary suffering. The 55 DOP Life affirmations will allow you to tap into your true, dope self. Along with the affirmations De Lacy delivers captivating, charismatic encouragement which renews your swagger allowing you to be the dopest.



*De Lacy Paisley Jackson is a dynamic speaker and coach who created the DOP Life platform as a part of her DOP Life Detox Program. An overcomer of domestic violence, homelessness and an autoimmune disease De Lacy found different tools to help on her journey to her own DOP Life.*

*She is a Certified Integrative Nutrition Health Coach and has spent over 20 years in leadership in Corporate America. As a mom of amazing adult children who are also student-athletes she has a passion for seeing others be become their true DOP self.*

## What's inside will help you:

- ⦿ Learn how to use affirmations to create the DOP Life you deserve
- ⦿ Understand what it means to be DOP On Purpose
- ⦿ Feed your mind, body and soul the positivity needed to manifest what you want
- ⦿ Replace negativity with positive vibes to attract your DOP Life
- ⦿ Be DOP, Because *You Are!*

### WHERE TO BUY

Amazon.com

### CONTACT

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