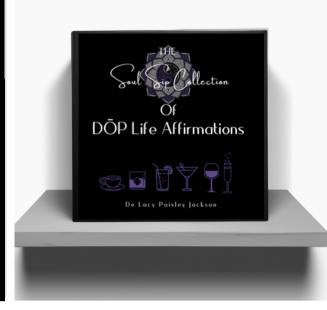
# SIPS ABOUT TO GO DOWN





### ABOUT THE BOOK

What you've been waiting for. Get inspired to live the life you've always dreamed. Elevate your Sip and your Soul with *The Soul Sip Collection Of DŌP (Dope On Purpose) Life Affirmations*. This book literally and figuratively mixes up a tall drink of witty wordplay & inspired intention, along with crafted cocktails & mocktails with moxie, Paisley delivers all of this with captivating, charismatic encouragement which renews your swagger allowing you to be the dopest.



### ABOUT THE AUTHOR

De Lacy Paisley is The Mindset Makeover Maven, the DŌP Life Movement creator, and the soul behind the empowering Sippin' & Soul Speak live video podcast. This author embodies the essence of transformation and authenticity. With over two decades of corporate leadership prowess and a licensed realtor, she's not just any voice in the crowd; but a beacon of inspiration. As an overcomer, she has turned challenges into stepping stones, crafting a path of empowerment for others to follow. This collection of affirmations isn't just words on a page—it's a manifesto for living your dopest, most authentic life.

## WHAT'S INSIDE

The second DŌP Life Affirmation book is a trifecta of culture, courage, and cocktails. Just like the Sippin' & Soul Speak Podcast, Paisley pours inspiration into every affirmation.

### **ELEVATE YOUR VIBE:**

As you equip yourself with powerful affirmations designed to uplift, motivate, and inspire., each statement is a reminder of your inherent greatness, helping you to navigate life's challenges with grace and resilience.

### INFUSED WITH A LITTLE "SIP" AND A LOT OF "SOUL":

Dive into a blend of timeless and avant-garde sips. Each recipe, whether a classic cocktail or a pioneering mocktail, is crafted to complement the soulful journey of self-affirmation to live your DOP Life.

#### **PLAYFUL WORDPLAY:**

You may find a song lyric or two (or more) weaved into this collection of affirmation statements that beautifully marries the essence of hip hop, R&B, and beyond, providing a unique backdrop to your affirmation practice.